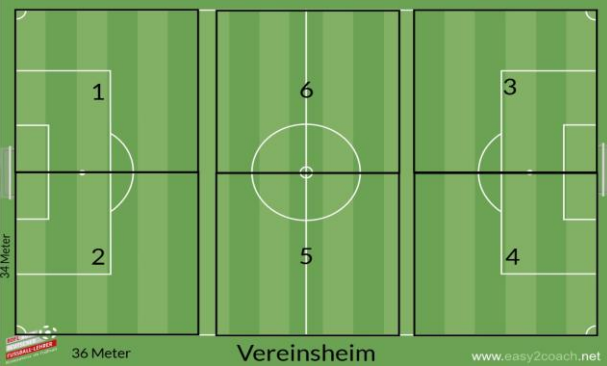


## Trainingsplan und Ansprechpartner SCR gültig ab 01.01.2026

|              | Montag        |                         | Dienstag        |           | Mittwoch                 |                 | Donnerstag                                                                                                       |           | Freitag       |           |
|--------------|---------------|-------------------------|-----------------|-----------|--------------------------|-----------------|------------------------------------------------------------------------------------------------------------------|-----------|---------------|-----------|
| Mannschaft   | Uhrzeit       | Platzteil               | Uhrzeit         | Platzteil | Uhrzeit                  | Platzteil       | Uhrzeit                                                                                                          | Platzteil | Uhrzeit       | Platzteil |
| U19 / A      |               |                         |                 |           |                          |                 |                                                                                                                  |           |               |           |
| U17 / B1     |               |                         | 18:30 - 20:00   | 7         | 18:30 - 20:00            | 1 + 2           | 18:00 - 19:30                                                                                                    | 1 + 2     |               |           |
| U16 / B2     |               |                         | 18:00 - 19:30   | 1 + 2     | 18:30 - 20:00            | 3               | 18:30 - 20:00                                                                                                    | 7         |               |           |
| U15 / C1     |               |                         | 18:30 - 20:00   | 4         | 18:30 - 20:00            | 4               | 18:30 - 20:00                                                                                                    | 4         |               |           |
| U14 / C2     | 18:00 - 19:30 | 3 + 4                   | 18:30 - 20:00   | 3         |                          |                 |                                                                                                                  |           | 16:45 - 18:15 | 1 + 2     |
| U15 / C3     | 18:30 - 20:00 | 1 + 2                   |                 |           |                          |                 | 18:30 - 20:00                                                                                                    | 3         |               |           |
| U13 / D1     | 17:00 - 18:30 | 1                       |                 |           | 17:00 - 18:30            | 1               | 17:00 - 18:30                                                                                                    | 4         |               |           |
| U12 / D2     | 17:00 - 18:30 | 2                       |                 |           | 17:00 - 18:30            | 2               |                                                                                                                  |           | 17:45 - 19:15 | 4         |
| U13 / D3     |               |                         |                 |           | 17:30 - 19:00            | 7               |                                                                                                                  |           | 17:30 - 19:00 | 3         |
| U11 / E1     | 17:00 - 18:30 | 2                       | 17:00 - 18:30   | 4         | 17:00 - 18:30            | 4               |                                                                                                                  |           |               |           |
| U11 / E2     |               |                         | 17:00 - 18:30   | 4         | 17:00 - 18:30            | 4               |                                                                                                                  |           |               |           |
| U11 / E3     |               |                         | 17:00 - 18:30   | 7         | 17:00 - 18:30            | 4               | 17:00 - 18:30                                                                                                    | 3         |               |           |
| U10 / E4     |               |                         | 17:00 - 18:30   | 3         |                          |                 | 17:00 - 18:30                                                                                                    | 7         |               |           |
| U9 / F1      | 17:00 - 18:30 | 7                       |                 |           |                          |                 | 17:00 - 18:30                                                                                                    | 6         | 16:30 - 18:00 | 7         |
| U9 / F2      |               |                         | 16:45 - 18:00   | 6         |                          |                 | 16:45 - 18:00                                                                                                    | 1         |               |           |
| U9 / F3      | 16:30 - 18:00 | 3                       | 17:00 - 18:30   | 5         | 17:00 - 18:30            | 3               |                                                                                                                  |           |               |           |
| U8 / F4      |               |                         | 16:45 - 18:00   | 1         |                          |                 | 16:45 - 18:00                                                                                                    | 2         |               |           |
| U9 / F5      |               |                         |                 |           | 16:00 - 17:00            | 2               |                                                                                                                  |           | 16:00 - 17:30 | 3         |
| U7 / G1      |               |                         | 16:45 - 18:00   | 2         |                          |                 | 16:45 - 18:00                                                                                                    | 2         |               |           |
| U7 / G2      | 17:00 - 18:00 | 4                       |                 |           |                          |                 | 17:00 - 18:00                                                                                                    | 5         |               |           |
| U6 / G3      | 17:00 - 18:00 | 5                       |                 |           |                          |                 | 17:00 - 18:00                                                                                                    | 5         |               |           |
| U5 / G4      |               |                         |                 |           | 17:00 - 18:00            | 5               |                                                                                                                  |           |               |           |
| TW E / D / C |               |                         |                 |           |                          |                 | 17:00 - 19:00                                                                                                    | 3 + 4     | 16:30 - 17:30 | 2         |
| ERSTE        |               |                         | 19:30 - 21:00   | 1 + 2     |                          |                 | 19:30 - 21:00                                                                                                    | 1 + 2     | 18:15 - 20:00 | 1 + 2     |
| ZWEITE       |               |                         | 20:00 - 21:30   | 3 + 4     |                          |                 | 20:00 - 21:30                                                                                                    | 3 + 4     | 19:15 - 20:45 | 3 + 4     |
| DRITTE       | 20:00 - 21:30 | 1 + 2                   |                 |           | 20:00 - 21:30            | 1 + 2           |                                                                                                                  |           | 20:00 - 21:30 | 1 + 2     |
| Alt Herren   | 18:30 - 20:00 | 7                       |                 |           | 20:00 - 21:30            | 3 + 4           |                                                                                                                  |           |               |           |
| U19 / A      | 2007 / 2008   |                         |                 | ERSTE     | Marco Schobhofen         | 0163 - 7769221  | <div>Platzaufteilung</div>  |           |               |           |
| U17 / B1     | 2009          | Patrick + Velibor       | 0171 - 3186017  | ZWEITE    | Niclas Hermes            | 01522 - 4027698 |                                                                                                                  |           |               |           |
| U16 / B2     | 2010          | Michael + Maik          | 0162 - 8301870  | DRITTE    | Jan-Peter Kaufhold       |                 |                                                                                                                  |           |               |           |
| U15 / C1     | 2011          | Jan + Dirk + Alexander  | 0172 - 4567664  | AH        | Volker Bogan             | 0162 - 9242805  |                                                                                                                  |           |               |           |
| U14 / C2     | 2012 + 2013   | Dejan + Efkan           | 0163 - 5696167  | F2 / 2017 | Mustafa + Khalid         | 0179 - 4357883  |                                                                                                                  |           |               |           |
| U14 / C3     | 2011 + 2012   | Sebastian + Ronny       | 0173 - 7313028  | F3 / 2017 | Alexander + Hamid        | 01575 - 1298866 |                                                                                                                  |           |               |           |
| U13 / D1     | 2013 + 2014   | Jan + Boris + Marcel    | 0172 - 4567664  | F4 / 2018 | Danijel + Fouad + Julian | 0175 - 9029612  |                                                                                                                  |           |               |           |
| U13 / D2     | 2015          | Zimbo + Adrian + Marcel | 0173 - 5127161  | F5        | Ralf                     | 0160 - 94955915 |                                                                                                                  |           |               |           |
| U12 / D3     | 2013 + 2014   | Ralf + Isi + Lars       | 0160 - 94955915 | G1 / 2019 | Badredine + Stephan      | 0178 - 5381965  |                                                                                                                  |           |               |           |
| E1           | 2015          | Jan + Maurice           | 0172 - 4567 664 | G2 / 2019 | Sascha + Mathis          | 0172 - 5861949  |                                                                                                                  |           |               |           |
| E2           | 2015          | Jan + Raphael           | 0172 - 4567 664 | G3 / 2020 | Vanessa + Matthias       | 0178 - 8197359  |                                                                                                                  |           |               |           |
| E3           | 2016          | Yener + Alexander       | 0176 - 23656733 | G4 / 2021 | Emran                    | 0155 - 60765569 |                                                                                                                  |           |               |           |
| E4           | 2015 + 2016   | Salvatore + Roberto     | 0176 - 84747786 | TW C/D    | Kevin Kühmichel          |                 |                                                                                                                  |           |               |           |
| F1           | 2017          | Tomi + Nick + Peter     | 0162 - 7941114  | TW D/E    | Christian Plümpe         | 0171 - 9531471  |                                                                                                                  |           |               |           |
|              |               |                         |                 |           |                          |                 | 7 = kleiner Platz                                                                                                |           |               |           |
|              |               |                         |                 |           |                          |                 | Spielbetrieb Dirk Hartmann und Stephan Tabaschuß                                                                 |           |               |           |